

## 2018 Achieve Gymnastics Team Clinics

Compulsory Level Gymnasts Clinics		
Thursday	01/04/2018	<b>No Clinic</b>
Thursday	01/11/2018	<b>Bars:</b> Glides, Kips, and Front Hip Circles // <b>Floor:</b> Round Off Back Handsprings and Handstand Pirouettes
Thursday	01/18/2018	<b>Tramp:</b> Back and Front Handsprings // <b>Beam:</b> Handstands and Turns
Thursday	01/25/2018	<b>Bars:</b> Kips and Front Hip/Back Hip Connection // <b>Vault:</b> Competition Vault
Thursday	02/01/2018	<b>Floor:</b> 1st Pass for C3's and C4's // <b>Bars:</b> Kips, Shoot Thrus, and Squat Ons
Thursday	02/08/2018	<b>Beam:</b> Cartwheels and Jumps // <b>Tramp:</b> Round Offs and Back Handsprings
Thursday	02/15/2018	<b>Vault:</b> Competition Vault // <b>Floor:</b> Round Off Back Handsprings and Back Walkovers
Thursday	02/23/2018	<b>Bars:</b> Glides, Kips, and Front Hip Circles // <b>Beam:</b> Routine Review

Clinics are from 4:00 - 5:00 pm and cost \$12 each.

You must register for clinics and space is limited. Therefore, we may not be able to accept same day registration.

If you register for a clinic and do not give Achieve Gymnastics a 12 hour notice that your daughter cannot attend you will be charged for the clinic.

To register log into the Customer Portal at, <https://app.jackrabbitclass.com/portal/ppLogin.asp?id=516110>

If this is your first time logging in, enter the email address we have on file and click on the "Forgot your password or Need to get started" link. A password will be sent to your email. Once you are logged into your account on the portal you can either click on the Event Registration tab or select Register for Event on the 'I want to' drop down menu. Click on the Event Calendar and change the calendar to the month of the clinic you want to register in. Click on the clinic(s) you want to register for.