

2018 Achieve Gymnastics Pre Team and Recreation Clinics

Pre Team and Recreation Clinics		
Thursday	01/04/2018	No Clinic
Thursday	01/11/2018	Floor: Handstand Bridge Kickover, Back Walkover, and Backward Roll // Tramp: Round Offs and Backward Roll
Thursday	01/18/2018	Beam: Handstands and Jumps // Vault: Run and Hurdle
Thursday	01/25/2018	Bars: 1-2-3 Glides and Front Hip Circles // Beam: Turns, Leaps, and Cartwheels
Thursday	02/01/2018	Floor: Leaps, Jumps, and Pirouettes // Vault: Handstands and Blocking
Thursday	02/08/2018	Beam: Handstands and Dismounts // Bars: Shoot Thru and Dismounts
Thursday	02/15/2018	Tramp: Jumps and Handstand Hop Forward Roll // Floor: Round Offs, Back Walkovers, and Jumps
Thursday	02/23/2018	Bars: Pullovers and Back Hip Circles // Vault/Tramp: Handstand Flat Backs

Clinics are from 4:00 - 5:00 pm and cost \$12 each.

You must register for clinics and space is limited. Therefore, we may not be able to accept same day registration. **Payment is due at registration.**

If you register for a clinic and do not give Achieve Gymnastics a 12 hour notice that your daughter cannot attend you will be charged for the clinic.

To register log into the Customer Portal at, <https://app.jackrabbitclass.com/portal/ppLogin.asp?id=516110>

If this is your first time logging in, enter the email address we have on file and click on the "Forgot your password or Need to get started" link. A password will be sent to your email. Once you are logged into your account on the portal you can either click on the Event Registration tab or select Register for Event on the 'I want to' drop down menu. Click on the Event Calendar and change the calendar to the month of the clinic you want to register in. Click on the clinic(s) you want to register for.