

Achieve GYMNASTICS



Print out a photo of yourself and place it here!

Big Sister Program

The goal of the Big Sister Program is to make a connection throughout our team and to provide support and encouragement to the Compulsory Gymnasts from the Optional Team.

We hope to foster the ideals of our program and help everyone find ways to *Dream - Believe - Achieve!*

Welcome & Big Sister Info Sheet

Hi and welcome to the Big Sister Program! You might have guessed I'm your new Big Sister! I am looking forward to meeting you, watching you through the season and encouraging you along the way. Below you will find out some information about me and I have included an information sheet so you can share some things about you! You don't have to do anything (after turning back in your info sheet) other than keep working hard in practice to do your best as a gymnast, you will hear from me a few times through out the season and I will be looking for you at the gym and between meets. I hope you love gymnastics as much as I do and have a great season! Turn your info sheet back into your coach and have a great meet today, season is just around the corner, and I can't wait to watch your improvement!

Later Sis!

Dream - Believe - Achieve!

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|--|-------|------------------|-------|----------------------|
| Name | | Age | Level | Practice Nights |
| School | Grade | Yrs with Achieve | | Yrs doing Gymnastics |
| Favorite Color, Activities/Hobbies, Food | | | | |
| Favorite Type of Music & Movies | | | | |
| Siblings, Pets, other Sports | | | | |
| Favorite Event & Why | | | | |
| Thing I like most about Gymnastics | | | | |
| A Success or Accomplishment I'm Proud of | | | | |
| One Cool Thing about Me! | | | | |