



ACHIEVE GYMNASISTICS

SUMMER COMPULSORY CAMP 2017

It is time to start thinking about Summer Camp! Our Compulsory Camp is open to all Compulsory 3 & 4 Gymnasts who are ready to do drills and work skills for the next level.

Girls are split into groups according to age and level with an 8:1 ratio. In addition to improving their gymnastics skills, girls will be introduced to journaling/goal setting, clinics on air track, trampoline and tumbling, crafts and pool time to wrap up an amazing week of gymnastics camp!

Cost for the camp is \$185 and includes all activities, a camp t shirt & certificate (snacks are not provided).



June 12-15 ~ 12-4 pm (11-3 pm on 6/15)

TENTATIVE CAMP SCHEDULE

Monday (12-4 pm):

Gym Time, Air Track & Trampoline Clinic & Snack*

Tuesday (12-4 pm):

Gym Time, Games, Snack* & Craft

Wednesday (12-4 pm):

Gym Time, Back Handspring Clinic & Craft

Thursday (11-3 pm):

Gym Time, Snack*, & **Pick up at Meadow Hills Pool!**

**16 Hours of Camp FUN,
More than 8 hours of Gym Time!**

***Please send your child with a water bottle & snack
each day of camp!***



Registration is available on a first come, first serve basis. Spots are limited so stop by the office or give us a call to get registered! 720-330-2200