



ACHIEVE GYMNASTICS

SUMMER OPTIONAL CAMP 2017

It is time to start thinking about Summer Camp! Our Optional Camp is open to all Optional Gymnasts who are ready to do drills and work skills for the next level. Girls are split into groups according to age and level with an 8:1 ratio. In addition to improving their gymnastics skills, girls will be introduced to journaling/goal setting, clinics on air track, trampoline and tumbling, crafts and pool time to wrap up an amazing week of gymnastics camp! Cost for the camp is \$200 and includes all activities, a camp t shirt & certificate (snacks are not provided).



June 19-22 ~ 12-4:30 pm (10-3 pm on 6/22)

TENTATIVE CAMP SCHEDULE

Monday (12-4:30 pm):

Gym Time, Air Track & Trampoline Clinic & Snack*

Tuesday (12-4:30 pm):

Gym Time, Games, Snack* & Craft

Wednesday (12-4:30 pm):

Gym Time, Tumbling Clinic & Craft

Thursday (10-3 pm):

Gym Time, Snack*, & **Pick up at Meadow Hills Pool!**

**18+ Hours of Camp FUN,
More than 12 hours of Gym Time!**

***Please send your child with a water bottle & snack
each day of camp!***

Registration is available on a first come, first serve basis. Spots are limited so stop by the office or give us a call to get registered! 720-330-2200