

2017 Achieve Gymnastics Pre Team and Recreation Clinics

Pre Team and Recreation Clinics		
Thursday	11/02/2017	Vault: Run & Hurdle // Beam: Cartwheels & Jumps
Thursday	11/09/2017	Floor: Round Off, Backward Roll & Jumps // Bars: Glide Swing, Cast & Back Hip Circle
Thursday	11/16/2017	Bars: Glide Swing, Front Hip Circle // Tramp: Round Off, Handstand Hop & Jumps
Thursday	11/23/2017	No Clinic - Thanksgiving Break
Thursday	11/30/2017	Beam: Handstand, Leaps & Turns // Vault: Compulsory 3 Vault
Thursday	12/07/2017	Bars: Shoot Through & Straddle Dismount // Floor: Back Walkover, Handstand Pirouette & Round Off
Thursday	12/14/2017	Floor: Round Off Rebound, Handstand Forward Roll & Backward Roll // Beam: Cartwheels & Round Off Dismount
Thursday	12/21/2017	No Clinic - Winter Break
Thursday	12/28/2017	No Clinic - Winter Break

Clinics are from 4:00 - 5:00 pm and cost \$12 each.

You must register for clinics and space is limited. Therefore, we may not be able to accept same day registration. **Payment is due at registration.**

If you register for a clinic and do not give Achieve Gymnastics a 12 hour notice that your daughter cannot attend you will be charged for the clinic.

To register log into the Customer Portal at, <https://app.jackrabbitclass.com/portal/ppLogin.asp?id=516110>

If this is your first time logging in, enter the email address we have on file and click on the "Forgot your password or Need to get started" link. A password will be sent to your email. Once you are logged into your account on the portal you can either click on the Event Registration tab or select Register for Event on the 'I want to' drop down menu. Click on the Event Calendar and change the calendar to the month of the clinic you want to register in. Click on the clinic(s) you want to register for.