



Achieve Gymnastics

January 2018

For the Calendar

January -

- 1/18 - Tryout C3-C4 @ 5:30
- 1/18 - Tryout C4 - Opt @ 5:00
- 1/22 - Butter Braid Orders Due
- 1/23 - Tryout PT - Team @ 5:30

February -

- 2/1 - League Fee Due
- 2/6 - Butter Braid Order Pick Up
- 2/10 - Comp Routine Wrkshp
- 2/11 - Comp Routine Wrkshp
- 2/18 - Comp Routine Wrkshp
- 2/19 - Comp Routine Wrkshp

March -

- 3/1 - Leotard Payment Due
- 3/12 - Parents Meeting
- 3/13 - Parents Meeting
- 3/15 - Parents Meeting
- 3/18 - Parents Meeting

April -

- 4/1 - PVF Deposit Due

Start with a *Dream*

Learn to *Believe* ♦♦♦

Achieve Gymnastics!

Chalk Talk

Happy New Year! 2018 is looking to be a great year here at Achieve, with our great staff we are sure to have a fun year filled with achievements. Start thinking about the upcoming season and set your goals, We are expecting great things with Compulsories now coming at least two days a week, it's going to be an awesome year!

Comp Routine Workshops!

Compulsory Routine Workshops help the girls learn routines and have greater success during competition. Sign up online or at the Front Desk. **EVERY** Compulsory Gymnast should attend at least one of these workshops!

Compulsory 3's - \$15

- 2/10 1:30-2:30
- 2/11 1:00-2:00
- 2/18 2:00-3:00

Compulsory 4's - \$15

- 2/10 2:30-3:30
- 2/11 2:00-3:00
- 2/18 1:00-2:00

Compulsory 3's & 4's - \$25

More time and video review!

- 2/19 9:00 - 11:00

Difference between

Clinics and Workshops:

CLINICS are voluntary training that we offer for those that are interested in working specific skills.

WORKSHOPS are training sessions that are essential for success and expected for the targeted level to attend. When you see a workshop offered for your level you should plan on attending.

3460 South Fairplay Way
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www.AchieveGymnastics.com

Find us on Facebook at:

Achieve Gymnastics &
Achieve Gymnastics Group

2018 Competition Leos

We will be getting New Competition Leos for 2018! Every Team Member MUST have a Competition Leo for the Season, Starting this season, our Optionals will have a Competition Leo and Warm Up Leo, Our Comp 4's will have a Competition Leo (same as Optionals), and our Comp 3's will compete in a tank leo that matches the Optionals Warm Up Leo. Specific Leo designs have not been finalized yet and we will communicate costs as soon as we know them. Payment for Leos will be due 3/1. All Gymnasts will be sized during practice starting Jan 29th.

Clinics Schedule

We offer Compulsory and Pre Team Clinics on Thursdays from 4:00 - 5:00. Clinics are \$12 and must be registered for prior to attending. Get ready for the upcoming season!

January Clinics

Pre Team

- 1/11 Floor & Tramp
- 1/18 Beam & Vault
- 1/25 Bars & Beam

Compulsory

- 1/11 Bars & Floor
- 1/18 Tramp & Beam
- 1/25 Bars & Vault

Fees & Due Dates!

MARK YOUR CALENDARS! The following are our competition fees and when they are due. **All Competition Fees will be POSTED to your account by Jan 25th but may be PAID on or before the given due dates. Auto Pay or e-payments only cover tuition and will not automatically cover competition fees.** All Competition fees are considered late on 4/2 and a \$10 late fee will be assessed for each unpaid fee. **Gymnasts are NOT eligible to compete until ALL fees are paid and your account is current.**

League Fee Due: Due 2/1

This non-refundable fee of \$175 covers participation in 2 preseason, 4 regular season meets, Regionals and State, if qualified. It also helps offsets our coaches' pay for working meets.

Team Leotard: Due 3/1

We will have new Competition Leos this season. All Team Members are required to have a Competition Leo. Final cost is still being determined.

Parent Volunteer Fund: Due 4/1

This \$75 fee is to be held in deposit against volunteer work during the season. The \$75 fee is returned to you following the season if you have completed 3 hours of volunteer work.

Team Parents Meeting - March 12, 13, 15, or 18!

We are expecting at least one parent from each household to attend a parents meeting. Please attend the appropriate session based on your daughters level! You will be able to sign up at the Front Desk or through the Parent Portal. Instructions will be emailed soon, but put the dates on your calendar now. We have room for roughly 40 people each session.

We will cover information for the season, our meet schedule, your season expenses and much more! **This info is essential to our successful season.**

Bonus: Those attending a Parents Meeting will get priority in the meet selection process, like last year, you want this bonus!

3/12, 3/13, and 3/15
Compulsories 5:00-7:00
Optionals 7:00 - 8:30

3/18 - Make Up Meeting
All Levels from 4:00 - 5:30



Butter Braid Fundraiser

On Jan 8th we launched our annual Butter Braid Sale! Order forms are available at the Front Desk or through our Website and FB Page. Butter Braids are a great way to help raise money to offset competition and other gymnastics expenses. All proceeds from the fundraiser goes to The Achieve Parent Sounding Board which in turn credits your fundraising account the specified amount outlined in Butter Braid information sent out. Your credit can be used against any Gymnastics related expense. Butter Braid orders MUST be turned in by end of Business Jan 22nd (Cash and Check Only). All orders will be delivered on Feb 6th.

These are frozen products, if you cannot pick up your order on Feb 6th you SHOULD NOT participate in this fundraiser!

Team Expectation – Compete!

We are a competitive Team. Our Expectation is that Team members WILL compete in CARA League Competition. We know circumstances or injuries might prevent someone from competing. Otherwise, we expect your daughter to compete. If you are not planning to compete in the 2018 season, contact Lisa ASAP. CARA Gymnastics is one of the most positive and enriching competitive experiences that I have found in all my years of coaching. Our Team believes in and stresses each gymnast's accomplishment and improvement. We want to see each girl reach her potential, and enjoy the process of facing challenges and making improvements. We spend a lot of time and energy making the transition into competition smooth and positive. If your child is having concerns about competing please let your coach know and we will work with you and your daughter. This is a great Team and a great program. We know that each girl can and will have success. Our expectation is for every team member to compete if you do not plan on competing the 2018 season please discuss this with Lisa prior to Feb 1st so we can evaluate and approve your team standing.

Team Level Tryouts –

Our last tryout to change competitive levels is scheduled for Jan 18th or 23rd. Girls should talk to their coach to be sure they are ready before signing up for the tryout. Contact the Front Desk to get signed up.