



Achieve Gymnastics

Dream - Believe - Achieve
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February - 2018

For the Calendar

February -

- 2/01 - League Fee Due
- 2/06 - Butter Braid Pick Up
- 2/07-14 - Staff Valentine's!
- 2/10 - DU Gymnastics Meet
- 2/10 - Comp Routine Wrkshp
- 2/11 - Comp Routine Wrkshp
- 2/18 - Comp Routine Wrkshp
- 2/19 - Comp Routine Wrkshp

March -

- 3/01 - Leotard Payment Due
- 3/12 - Team Parent Meeting
- 3/13 - Team Parent Meeting
- 3/15 - Team Parent Meeting
- 3/18 - Team Parent Meeting

April -

- 4/01 - PVFund Payment Due

Start with a *Dream*.

Learn to *Believe* ...

Achieve Gymnastics!

Chalk Talk

Very exciting! Competition season is almost upon us, and there are a lot of things going on. Don't worry - we are doing our best to make sure that every team member and parent gets the information they need. If you have questions or concerns about anything, please don't hesitate to ask your daughters coach, the Front Desk, or send us an email at FrontDesk@AchieveGymnastics.com. We also have some great routine workshops lined up for our Compulsory gymnasts this month to learn routines. Don't forget to sign up! We are looking forward to a fun, fantastic and successful season for each and every one of our gymnasts

Staff Valentine Scholarship Fundraiser

For many of our young coaches, paying for college education entirely on their own can be a challenge. Here at Achieve, a scholarship fund has been created to help offset some of the fee's associated with attending college. This year for Valentines Day, participants will be able to show their appreciation for their coaches by making a donation of any amount to go towards this scholarship fund. When you make a donation, you will receive a Valentines heart to personalize and give to your coach. By donating to this scholarship, it's a WINNING opportunity to help support and make a difference in the lives of the GREAT staff we have here at Achieve. For more information please see the Front Desk.

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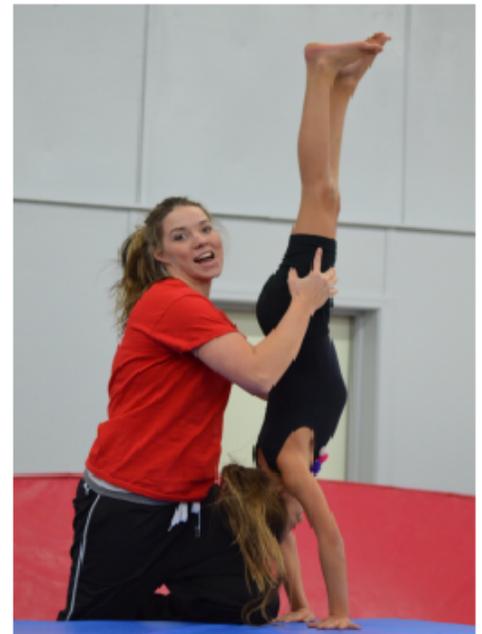
720-330-2200

www.AchieveGymnastics.com

Find us on Facebook at
**Achieve Gymnastics &
Achieve Gymnastics Group OR
Snapchat at Achieve_Gym**

Fees and Due Dates

The following are our competition fees and when they are due. The League fee and Parent Volunteer Fund has been posted to your account. If you are set up for payments this will only cover tuition and will not automatically cover competition fees. Gymnasts are NOT eligible to compete until all fees are paid and your account is current.



Compulsory Routine Workshop

Compulsory routine workshops help the girls learn routines and have greater success during the competition season. It is our expectation that all Compulsory gymnasts attend at least one of these workshops. Sign up online or at the Front Desk. Routine Workshops cost \$15.

Saturday, February 10th

Comp 3s 1:30 - 2:30

Comp 4s 2:30 - 3:00

Sunday, February 11th

Comp 3s 1:00 - 2:00

Comp 4s 2:00 - 3:00

Sunday, February 18th

Comp 3s 2:00 - 3:00

Comp 4s 1:00 - 2:00

Monday, February 19th

Comp 3s & 4s 9:00 - 11:00

Every Compulsory Gymnast should attend at least one of these workshops!

Compulsory Routine Videos

A Link to the Compulsory Rtn videos are posted on our website. Watching these videos is a great way to keep the routines fresh in your gymnasts mind between practices. The videos can be found at achievegymnastics.com by hovering over the "Team Competition" tab, then hovering over "Team Resources" and clicking "Compulsory Routine Video's".

Foam Beams for Sale

What a great gift for your special Valentine. We have used foam beams for sale. By purchasing one of the beams, you are helping your daughter to get her in home practice in for preparation for this years competition season. We are selling our beams for \$25. For more information you can call the Front Desk or stop by the gym to see the one we have on display.

Team, Parent Meetings

We are expecting at least one parent from each household to attend a parent's meeting. Please attend based on your daughter's level. You can sign up at the Front Desk or through the Customer Portal. If you are not familiar with the Customer Portal, please see the Front Desk for instructions. We have room for 40 people per session so please sign up while there are open spots. We will cover information for the upcoming season, our meet schedule, your season expenses and much more. This information is essential to a successful season.

BONUS: Those attending a Parent's meeting will get priority in the meet selection process.

3/12 - Comp 5-7, Opt 7-8:30

3/13 - Comp 5-7, Opt 7-8:30

3/15 - Comp 5-7, Opt 7-8:30

3/18 - Comp & Opt Make-up 4-5:30

DBA Expo!

The Annual DBA Expo is approaching! The Optional's assistance and contribution last year made it a special event for all included. We hope all Optional's will volunteer for at least one session again this year. This year the Expo will take place on April 29th. Put this date on your calendar now and stay tuned for more details.

*"Competition is Coming,
Friends & FUN!"*

Team Clinics

Clinics are a great way to get some extra practice on the most challenging skills in the routines. We offer Clinics for Compulsory Gymnasts at \$12 each and should be registered for prior to attending. Get some extra attention on the areas you are struggling the most, Sign up for a clinic today!

Compulsory Clinics:

2/8 - Beam & Bars

2/15 - Tramp & Floor

2/22 - Bars & Vault

3/1 - Vault & Floor

3/8 - Bars & Floor

3/15 - Tramp & Beam

3/22 - Floor Vault

3/29 - Beam & Bars

Special Optional Floor Rtn Clinics are being offered to help gymnasts work on their choreography and clean their routines. Only 3 girls are allowed in each clinic so they get extra attention.

Optional Clinics: (\$20)

2/8 - Floor Routines

2/22 - Floor Routines

3/15 - Floor Routines

3/29 - Floor Routines

These Opt Floor Rtn Clinics have been popular and fill fast. Additional times are being arranged! If interested call and get on the wait list!

DREAM BELIEVE
ACHIEVE
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