

2018 Achieve Gymnastics Team Clinics

Compulsory Level Gymnasts Clinics		
Thursday	03/01/2018	Vault: Over the Table // Floor: Compulsory 3 and Compulsory 4 Routines
Thursday	03/08/2018	Bars: Kips, and Front Hip Circles // Floor: Front Handsprings and Handstand Pirouettes
Thursday	03/15/2018	Tramp: Back Handsprings // Beam: Handstands, Jumps and Turns
Thursday	03/22/2018	Floor: Tumble Passes // Vault: Run and Hurdle
Thursday	03/29/2018	Beam: Routine Review // Bars: Squat on, Shoot Thru & Dismounts
Thursday	04/05/2018	Bars: Connection of Skills // Floor: Routine Review
Thursday	04/12/2018	Vault: Competition Vault // Beam: Cartwheels & Jumps
Thursday	04/19/2018	Bars: Kips // Floor: Tumble Passes
Thursday	04/26/2018	Beam: Routine Clean Up // Tramp: Round Off, Back Handspring, Back Extension Rolls

Clinics are from 4:00 - 5:00 pm and cost \$12 each.

You must register for clinics and space is limited. Therefore, we may not be able to accept same day registration.

If you register for a clinic and do not give Achieve Gymnastics a 12 hour notice that your daughter cannot attend you will be charged for the clinic.

To register log into the Customer Portal at, <https://app.jackrabbitclass.com/portal/ppLogin.asp?id=516110>

If this is your first time logging in, enter the email address we have on file and click on the "Forgot your password or Need to get started" link. A password will be sent to your email. Once you are logged into your account on the portal you can either click on the Event Registration tab or select Register for Event on the 'I want to' drop down menu. Click on the Event Calendar and change the calendar to the month of the clinic you want to register in. Click on the clinic(s) you want to register for.