

2018 Achieve Gymnastics Pre Team and Recreation Clinics

Pre Team and Recreation Clinics		
Thursday	03/01/2018	Bars: 123 Glide Swing & Shoot Thru // Beam: Handstand. 123 Turn, Straight 1/4
Thursday	03/08/2018	Floor: Round Off, Backward Roll // Beam: Jumps & Cartwheels
Thursday	03/15/2018	Bars: Glide Swing, Pull Over & Back Hip Circle // Vault: Comp 3 Vault
Thursday	03/22/2018	Tramp: Round Off, Backward Roll & Jumps // Beam: Turns and Handstands
Thursday	03/29/2018	Bars: Glide Swings & Front Hip Circle // Vault: Handstand Flat Back
Thursday	04/05/2018	Beam: Scale, 123 Turn & Dismounts // Tramp: Handstand Bridge, Handstand Forward Roll & Pike Roll
Thursday	04/12/2018	Bars: 123 Glide Swing and Straddle Dismount // Floor: Round Offs and Jumps
Thursday	04/19/2018	Beam: Routine for EXPO // Vault: Comp 3 Vault
Thursday	04/26/2018	Floor: Routine for EXPO // Bars: Routine for EXPO

Clinics are from 4:00 - 5:00 pm and cost \$12 each.

You must register for clinics and space is limited. Therefore, we may not be able to accept same day registration. **Payment is due at registration.**

If you register for a clinic and do not give Achieve Gymnastics a 12 hour notice that your daughter cannot attend you will be charged for the clinic.

To register log into the Customer Portal at, <https://app.jackrabbitclass.com/portal/ppLogin.asp?id=516110>

If this is your first time logging in, enter the email address we have on file and click on the "Forgot your password or Need to get started" link. A password will be sent to your email. Once you are logged into your account on the portal you can either click on the Event Registration tab or select Register for Event on the 'I want to' drop down menu. Click on the Event Calendar and change the calendar to the month of the clinic you want to register in. Click on the clinic(s) you want to register for.