

2018 Achieve Gymnastics Team Clinics

Compulsory Level Gymnasts Clinics		
Thursday	09/06/2018	Bars: Kips & Front Hip Circle Back Hip Circle Connection // Beam: Cartwheel & Dismounts
Thursday	09/13/2018	Vault: Run & Hurdle // Floor: Front Handspring, Round Off & Back Extension Roll
Thursday	09/20/2018	Bars: Glide Swing, Kip & Dismount // Tramp: Round Off & Back Handspring
Thursday	09/27/2018	Beam: Handstand, 123 Turn & Full Turn // Floor: Round Off, Back Handspring & Pirouette
Thursday	10/04/2018	Bars: Kips, Tap Swings & Squat On // Vault: Blocking Handstand
Thursday	10/11/2018	Tramp: Front Handspring & Back Handspring // Beam: Cartwheels, Jumps & Leaps
Thursday	10/18/2018	Floor: Handstand Pirouettes, Jumps & Front Handspring // Bars: Kips, Front Hips & Dismounts
Thursday	10/25/2018	Vault: Comp 3 and 4 Vault // Beam: Cartwheels, Leaps & Turns
Thursday	11/01/2018	Bars: Tap Swing & Kip // Beam: Cartwheels, Turns & Leap
Thursday	11/08/2018	Tumble Tramp: Round Off Back Handspring, Flysprings & Jumps // Beam: Handstand & Jumps
Thursday	11/15/2018	Bars: Front Hip Circle, Squat on & Shoot Thru to Basket Swing // Vault: Hurdle & Invert
Thursday	11/22/2018	No Clinic
Thursday	11/29/2018	Beam: Dismounts & Cartwheel // Floor: Round Off, Back Extension Roll & Jumps
Thursday	12/06/2018	Bars: Kip & Front Hip Back Hip Connection // Tumble Tramp: Back Handsprings/ Front Handsprings
Thursday	12/13/2018	Floor: Round Off Back Handspring, Handstand Pirouette & Back Walk Over // Beam: Jumps, Turns & Cartwheel
Thursday	12/20/2018	No Clinic
Thursday	12/27/2018	No Clinic

Clinics are from 4:00 - 5:00 pm and cost \$12 each.

You must register for clinics and space is limited. Therefore, we may not be able to accept same day registration.

If you register for a clinic and do not give Achieve Gymnastics a 12 hour notice that your daughter cannot attend you will be charged for the clinic.

To register log into the Customer Portal at, <https://app.jackrabbitclass.com/portal/ppLogin.asp?id=516110>

If this is your first time logging in, enter the email address we have on file and click on the "Forgot your password or Need to get started" link. A password will be sent to your email.

Once you are logged into your account on the portal you can either click on the Event Registration tab or select Register for Event on the 'I want to' drop down menu. Click on the Event Calendar and change the calendar to the month of the clinic you want to register in. Click on the clinic(s) you want to register for.